



Hello!

The Canadian Multicultural Education Foundation is delighted to invite you, your family and friends to several outdoor tours during October and November to learn more about Edmonton and its surrounding areas' interesting and diverse history. All tours are free! Please register by email to: admin@cmef.ca or call 780-298-0746 (Lan) (leave a message with your name & phone #).

There are 20 tours that are conceived and organized by an intergenerational and multicultural team of older and younger adults and youth for the program entitled, Walk with Me: Intergenerational Heritage Walks and Talks for Seniors and Youth. Many of the outings include knowledgeable tour guides; a few are self guided. Members of our team will play host and ensure you have an enjoyable time, to answer your questions and to take your names if you are interested in future tours. Check CMEF website for latest tour information at www.cmef.ca.

OCTOBER TOURS [2 October Tours Left]

Tours are held rain or shine. Dress for the weather and wear comfortable shoes for walking.

Tour #6: 96 Street Church Street Historic Bus Tour

Tour Leader: Tour guide Tim Marriott

Date/Time: Saturday, October 29, 2022, **1:00pm**, Approx 1.5 hour. Max. 20 people, register early.

Starting Location: Board the bus for the tour at McCauley Community League. Park your car at the Community League or on nearby streets. Please arrive 10 to 15 minutes before the bus leaves at 1:00pm.

Description: Join us for a bus tour of 96 St. (Kinistino Ave). Known as Church St. for the number of churches built in a 20 year span in the early 20th century; many original structures remain. You will learn about waves of immigration and the communities that have renewed the street. This tour may include the interiors of Sacred Heart Church of the First Peoples, Ansgar Lutheran, and St. Josaphat Ukrainian Catholic Cathedral.

Tour #7: In Time for Halloween: Old Strathcona Ghost Walking Tour (This is a ticketed event paid for by CMEF. MUST register by emailing admin@cmef.ca to reserve your free ticket by Sunday 3pm October 23; non-registered people will be turned away.)

Tour Leader: Tour guide provided

Tentative Date/Time: Sunday, October 23, 2022, **7:00pm**, Approx 1 hour. Space is limited: max. 10 people, register early.

Starting Location: Meet in front of the Rescue Statue, next to the Walterdale Playhouse in Old Strathcona at 10322 - 83rd Avenue. Arrive by **6:45pm**. Residential parking is free in the surrounding areas. Close by parking lot is located just off Gateway Boulevard between 83rd and 85th Avenue for \$3/hr.

Description: A ghostly walk through Old Strathcona, where we stop in front of the Strathcona Hotel, the Princess Theatre, the Strathcona High School and many other buildings, houses, and shops that have reported ghosts, hauntings, murders, and mysteries. They are all true stories that come from area residents and business owners. The tours are hosted by a veteran storyteller with 12 years of experience. The tours are a great outing for the whole family.

NOVEMBER TOURS [New in November]

Tour #8: Royal Alberta Museum Self Guided Tour

Tour Leader: None – self walking tour

Date/Time: Sunday, November 13, **1:00pm**, Approx 2 hours (please stay as long as you like).

Registration is limited, Max. 20 people, register early.

Starting Location: Meet inside the Royal Alberta Museum by the admission area 9810-103a Avenue. Arrive 10 to 15 minutes before 1:00pm. Must arrive by 1:00pm for free admission covered by the organizer. Arriving after the tour group has entered the museum, the admission fee is \$14/person, to be bear by you.

Description: The Royal Alberta Museum is the crown of Alberta arts institutions and the largest museum in Western Canada. It is a multidisciplinary place where art, design, community, nature, and language come together to tell the story of Alberta—the experience of its people over time—and to inspire Albertans to explore and understand the world around them. You will be free to visit any of the galleries, including the new special exhibit, "Drive". Walk with the group or on your own to enjoy the largest museum in western Canada.

Tour #9: Teas and Treats: 97 Street Chinatown Health and History Talk & Tour In partnership with the Chinatown Transformation Collaborative Society (CTC).

Tour & Talk Leaders: Brenda Le (health talk); Chinatown tour guide & talk provided

Date/Time: Saturday, November 19, **1:00pm**, Approx 2 hours. Space is limited: Max 30 people, register early.

Starting Location: Meet in the old Hull Block 10601 – 97 Street, CTC's future Chinatown Storytelling, Museum & Tourist Information Hub. Arrive 10 to 15 minutes before 1:00pm. Free 2 hr parking along 97 Street or no limit along 106 avenue east of 97 Street (take note of parking rules on city signs).

Description: Enjoy a pleasant fall afternoon in Chinatown with fragrant Chinese tea and assorted pastries from local Chinatown bakeries. Listen to a talk on health and self-care entitled, *Traditional Chinese Medicine First Aid Kit*. followed by a Chinatown history talk and walking tour. In Chinese culture, people stayed well through self-care practices that were passed down from generation to generation. There is a wealth of information when it comes to home remedies, self-massage and common herbs. Learn how to naturally relieve headaches, nausea, colds/flu, period cramps and more. Each participant will get to take home a TCM "first aid" kit! The second half of the afternoon is a talk on the history of Edmonton Chinatown from 1890 to today, followed by a short stroll around the area. The talk will cover the formation of three Chinatowns, their demise or deterioration and current strategies to revitalize it. Both events are set in the historic 1914 Hull Block. That's another story in itself.

Tour #10 [postponed Tour #2]. The French Quarter – Edmonton's Franco Albertan Community

Date/Time: To be Confirmed. Space is limited max 20 people.

Starting Location: To Be Confirmed

Description: Learn about the history, institutions, education, and cultural life of Edmonton's Franco-Albertan community at La Cite´ Francophone and Campus St. Jean in Bonnie Doon.

JANUARY to MARCH 2023 TOURS (Watch for details around November 15th).

WALK WITH ME PROJECT COMMITTEE

Contact Person: Lan Chan-Marple

Canadian Multicultural Education Foundation

Mailing Address: PO Box 52063 Garneau, Edmonton, AB T6G 2T5

Email: admin@cmef.ca Website: <http://www.cmef.ca> Phone: 780-298-0746 (Lan)